



Who can access support?

Any woman who is in prison or who has been through the Criminal Justice System can access the Sexual Assault program.

What is support?

Support involves talking through your experiences & the things in life that are troubling you at a pace that you find comfortable.

Support can include: working through experiences of abuse, understanding & coping with the effects of abuse, coping with prison, or just having a chat.

While support can differ according to a woman's needs, all the support that we provide will be:

- Respectful of your rights & experiences
- Directed by you – we talk about what you want to when you want to
- Confidential

WHERE WE ARE

ADDRESS 326 Montague Road
WEST END Q 4101

POSTAL PO BOX 3407
SOUTH BRISBANE Q 4101

FREECALL 1800 003 242

PHONE 07 3844 5066

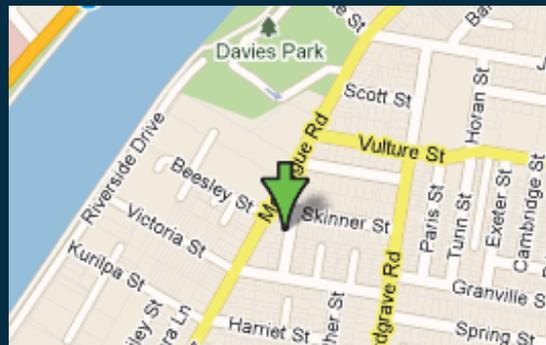
FAX 07 3844 2788

EMAIL admin@sistersinside.com.au

WEBSITE www.sistersinside.com.au

OFFICE HOURS 8.30am - 4.30pm

PUBLIC TRANSPORT City Glider from Brisbane CBD; Get off at stop 10 Corner of Victoria and Montague.



Sexual Assault, Counselling & Support





**Sexual Assault is
never acceptable.**

There is no excuse.

**No one deserves to
be sexually abused!**

**Sexual Assault is
never your fault.**

What is SACSS?

Sisters Inside has a number of programs that support women to move beyond prison. The SACSS program is funded by Queensland Health to provide women with counselling and support to help them cope with the effects of sexual abuse.

Sisters Inside believes that the effects of sexual abuse are long lasting & can impact on all aspects of a woman's life. Because of this the support that we provide can focus on any aspect of your life.

We are guided by women as to the type of support they want.

It's up to you to decide:

- if you want support
- what type of support you want &
- how often you want support

The type of support that we provide can include:

- Counselling
- One-on-one support
- One day programs
- Talking with loved ones, lawyers, community agencies, etc
- Assistance after release
- Court support
- Group work

What is Sexual Assault?

Sexual Assault is any action of a sexual nature which is forced upon another person without that person's consent. Sexual assault can range from sexual harassment, such as leering or threats, through to rape or incest. It includes things such as unwanted touching or sexual behaviours. Although both women & men can be sexually assaulted, the great majority of abuse is by men who sexually violate women and children.

Sexual abuse is an act of aggression and power. Circumstances such as alcohol or drugs do not excuse sexual abuse. (Many people drink, but do not abuse others.)

Abuse is the choice of the abuser NOT the responsibility of the survivor.

Everybody has the right to have control over their own bodies, regardless of their age or sex.

GOT QUESTIONS?

Please talk to one of our staff if you have any other questions about what is contained in this brochure .



Working with women in Prison since 1992

Sisters Inside Inc. is an independent community organisation, which exists to advocate for the human rights of women in the criminal justice system, and to address gaps in the services available to them.